



**Here's your
chance to be
published!**

***Immortalize your
favorite meal!***

Looking for that perfect holiday gift? Do you have a favorite meal or dessert that has been handed down through the generations in your family? Why not have it submitted for our special cookbook, *The Culinary Greyhound*....it costs nothing to be included! Let me repeat, you can have your favorite vegetarian tofu stir-fry immortalized forever in Lyman's very own cookbook and it will cost you nothing!

Here's all you need to do....go to www.lymanband.com and follow the Cookbook link...or faster yet, just email Mr. K. at admin@lymanband.com. As you submit a recipe, please be sure to tell us any story behind the recipe (e.g., "This is a favorite at the Jones house each Thanksgiving. Grandma starts preparing this meal before we're even awake.")....really make the recipe personalized.

All recipes must be submitted by September 15th!

After submitting a recipe, we hope you'll consider buying a copy or two. At only \$13, it makes the perfect holiday gift! This will be a limited edition publication, so it is best to reserve your copy ASAP (details at www.lymanband.com).

OK...so let's review the drill:

- 1 – Submit recipes to admin@lymanband.com by September 15th.
- 2 – Reserve your copy of the book so we order enough.
- 3 – Be a superstar when you give the perfect gift.

