



The Lyman High School Marching Greyhounds are proud to announce the creation of

Recipes from Lyman High School 2008 - 2009

A special book we're going to publish in the fall of 2008 featuring your favorite recipes!

Attention Marching Greyhounds!

We need your help! The Lyman High School Marching Greyhounds are starting to collect recipes for the creation of a special cookbook to be produced in the fall of 2008...just in time to be that most unique holiday present. We couldn't think of a better way to demonstrate our pride for Lyman than to ask for families of our Marching Greyhounds, all of our teachers, and supporters, to contribute their most treasured recipes for our book.

We will be collecting recipes through mid-September, however we would like to get a jump on collecting recipes! As you consider what recipe to submit, here are the categories you can contribute to:

1. Appetizers, Beverages
2. Soups, Salads
3. Vegetables
4. Main Dishes
5. Breads, Rolls
6. Desserts
7. Miscellaneous

On the back side of this page is a form for you to use to submit your recipe. If you have a second recipe that you would like to submit, please make a copy of the form or simply follow the format on a separate page. **It would help greatly if you could return your contributions ASAP.** You can send these forms to the drop box in the band room or mail them to the project coordinator: Michael Kazazis, 459 Longmeadow Lane, Longwood, FL 32779 (or email at admin@lymanband.com). If you have any questions, you can contact Michael via email or by phone at 407-772-2451. We will also have an way to contribute recipes online...keep watch for an announcement.

We thank you in advance for your help with this special fundraising effort. The Lyman Marching Greyhounds are very much committed to growing Lyman's prominence in the community and we strongly believe that a customized creation like this demonstrates our pride in Lyman.

RECIPE COLLECTION SHEET

Category (see front side for options): _____

Recipe Title: _____

Submitted By: _____

Contact Info (phone or email address – won't be published): _____

Ingredients: Use abbreviations pt. qt. pkg. env. C. tsp. T. oz. lb. gal. doz. Sm. Med. Lg.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Directions: _____

I expect to buy ____ copies of the book. (Helps us determine how many copies to order.)

Notes: Print clearly in ink. If more room is needed, use another sheet and staple together. List all ingredients in order of use. Include container sizes (e.g., 16-oz pkg., 24-oz. can). Keep directions in paragraph form, not in steps. Use names of ingredients in directions (not "Combine first three ingredients"). Include temperature and cooking, chilling, baking and/or freezing times.

Send recipes to the drop box in the band room or to Michael Kazazis, 459 Longmeadow Lane, Longwood, FL 32779 (or via email at amdin@lymanband.com). Questions? Contact Michael at admin@lymanband.com or at 407-772-2451.