

# Music 'N Motion Camp Schedule

## DAY ONE (Team Spirit Day) Friday, June 20<sup>th</sup>

**(Blue & Gold Practice Outfit w Hair Ribbons, bring Black Jazz Sneakers if you have them, Veterans please bring Jacket and Bag & Body Tights)**

9:00am	Meet at Lake Mary High School (In Parking Lot) Unload
9:00-11:00	Pass out Practice Clothing/Rehearse Home Routine/Organize
11:00-12:30	Registration
12:30-1:30	Lunch
2:00-3:00	Introductions, Camp Overview, Class Rotation
3:00-3:45	Camp Dance
4:00-5:00	Class A
5:00-6:00	Class B
6:00-7:00	Dinner
7:00-8:00	Class C
8:15-8:30	Home Routines
8:30-9:00	Drill Down, Announcements
9:00pm	Dismissal from Lake Mary High

## DAY TWO (Crazy Hair Day) Saturday, June 21<sup>st</sup>

**(Blue & Grey Practice Outfit w Creative Hair, Shoes)**

8:00am	Arrive at Lake Mary High School Parking Lot to Unload
9:00-10:00	Camp Starts...Stretch, Basics
10:00-12:00	Class A
12:00-1:00	Lunch
1:15-3:15	Class B
3:15-3:45	BREAK
3:45-5:45	Class C
6:00-7:00	Dinner
7:00-7:30	Camp Dance
7:30-8:30	Talent/Skit Night
8:30-9:00	Drill Down, Announcements
9:00pm	Dismissal from Lake Mary High School

## DAY THREE (Music N' Motion Camp Shirt Day) Sunday, June 22<sup>nd</sup>

**(Music N' Motion T-Shirt w Black Cheer Shorts, Hair Ribbons)**

8:00am	Arrive at Lake Mary High School
9:00-9:30	Camp Starts...Stretch, Basics
9:30-10:15	Class A
10:15-11:00	Class B
11:00-11:45	Class C
11:45-12:45	Lunch
1:30-3:30 pm	Performance, Evaluations and Awards (Family & Friends Invited)
	Dismissal at end of Awards

# Lyman Diamond Camp Reminders

- You will need to arrive on time!
- This camp is not optional, you need to be there!
- You will need to bring \$25.00 in cash or check made payable to Lyman Band Boosters for your five meals during camp. This payment will be collected on Friday morning at 9am, when we meet at Lake Mary.
- Your registration fee for camp is covered within your team dues for the season.
- Hair needs to be secured into a tight high pony-tail, no embellishing (uniformity)
- No jewelry or fingernail polish allowed.
- Captains should create Blue & Yellow hair ribbons for 80 members (all the same) to be passed out Friday morning.
- Arrive wearing typical practice wear, we will pass out team practice wear upon arrival.
- We will change at Lake Mary bathrooms.
- Light make-up should be applied before arriving.
- Bring many dance shoes in your bag, different styles of dance offered!
- Veterans arrive in your Jazz sneakers, new members wear sneakers.
- Veterans remember to bring Lyman Dance/Guard Bag & Jacket.
- Flags should be loaded into black team flag bags on Tuesday night after rehearsal.
- Bring a water bottle to slip in your bag, you will sweat and get thirsty.
- Come to camp well rested, it will be a long day!
- Come to camp with all of your Lyman Team Spirit!
- Come to camp with an open mind, willing to try new moves, skills, and techniques.
- Everyone needs one pair of Black Softe or cheer shorts to wear with our Camp T-shirt for Sunday. (Found at Sports Authority, Kohls, Target)
- Parents should pick-up students by the Lake Mary Gymnasium at dismissal time.
- You may bring snacks in your bag, or \$ for concessions in case you get a snack attack.
- Keep a positive attitude with all fellow team members, other teams, as well as staff members and camp directors.
- Three classes will be offered, dance team should choose 3 styles at their appropriate levels, and color guard members should take at least one flag and one rifle class at their appropriate level, guards' third class can either be a saber or dance class.
- If you are a parent who is interested in being a chaperone during this camp weekend, or helping make meal arrangements for our students please contact Ann Maze at 407-310-0456.
- If a student has a special circumstance for schedule, diet, medication, or other reason, please e-mail Mr. Porter ASAP at [Stephen\\_Porter@scps.k12.fl.us](mailto:Stephen_Porter@scps.k12.fl.us)
- You can also reach Mr. Porter at work 407-746-2000
- Friends and Family are encouraged to come to the 1:30 pm performance on Sunday!